

DIABETES AND DRIVING



*Do you
have diabetes?*



YES

You need to read this

LEARNER PERMITS AND LICENCES

Are you planning to get your first learner permit or licence?

→ YES NO, go to the next question

If you are obtaining your first learner permit or licence, and you have diabetes, you must notify VicRoads and provide a medical report before a learner permit or a licence can be issued.

If you do not notify VicRoads that you have diabetes when you apply for a learner permit or licence, your learner permit or licence could be withdrawn.

Do you already hold a learner permit or licence?

→ YES NO

If you hold a current driver licence you are required by law to notify VicRoads if you have or develop any serious or chronic medical condition. This includes diabetes, whether it is controlled by insulin, medication or diet.

If you drive with a serious or chronic medical condition without notifying VicRoads, and you are involved in a crash, you could be sued under common law and/or charged with driving offences. In addition, your insurance company may not provide cover.

TO RETAIN YOUR LICENCE

You must provide a medical report to VicRoads. This may be either from your family doctor but in some cases, and for all heavy vehicle drivers, from a Diabetes Specialist (Endocrinologist).

You may also be asked to provide a report from an optometrist or eye specialist.

To obtain medical or eyesight report forms contact:

VicRoads Medical Review
PO Box 2504
Kew 3101
Telephone: (03) 9854 2407 or 131171 (general inquiries)
Fax: (03) 9854 2307
Email: ccslicence@roads.vic.gov.au
Website: www.vicroads.gov.au

PERIODIC REVIEWS FOR DRIVERS OF PRIVATE VEHICLES

Periodic reviews are generally required as follows:

Diabetes and control	Current medical report
Diabetes controlled by diet and exercise	Not required
Type 2 diabetes, requiring medication (not insulin)	Every 5 years*
Type 1 or type 2 diabetes controlled by insulin	Every 2 years*

* The frequency of periodic reviews may vary depending on your doctor's medical report.

PERIODIC REVIEWS FOR DRIVERS OF COMMERCIAL VEHICLES

Diabetes and control	Current medical report
Diabetes controlled by diet and exercise	Not required
Type 2 diabetes, requiring medication (not insulin)	Every year
Type 1 or type 2 diabetes controlled by insulin	Every year*

* For type 1 or 2 diabetes controlled by insulin, your doctor will report on your diabetes control and medical fitness to drive.



For further information or to obtain medical or eyesight report forms contact:

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For more information about diabetes contact:



Head Office:

570 Elizabeth Street

Melbourne 3000

Telephone: (03) 9667 1777

Diabetes Infoline: 1300 136 588

Fax: (03) 9667 1778

Email: mail@dav.org.au

Website: www.dav.org.au