



Completion of this expression of interest form does not guarantee you a place on AcT1vate 2011.
Limited places are available. You will be notified in November 2010

DA–Vic and HypoActive are proud to present AcT1vate
A residential weekend for people living with type 1 diabetes interested in exercise
Friday 4 February – Sunday 6 February, 2011

PARTICIPANT INFORMATION

Name:

Date of birth:

Male/Female:

Address:

Suburb:

State:

Postcode:

Email address: (Note that if you list an email address, we will be using it as the main form of communication with you, so please DO NOT list an email address unless you check it frequently.)

Mobile:

Home:

Work:

Have you attended AcT1vate before?

Yes

No

Do you live in rural Victoria

Yes

No

How long have you lived with type 1 diabetes, in years and months?

Do you use an insulin pump? Yes No

Describe your current exercise regimen, if any:

Frequency per week?

Type?

Purpose of exercise / goals?

What do you hope to gain from attending AcT1vate?

What are the barriers you face when wanting to exercise, if any?

(These can be physical or mental.)

Where to you seek advice and guidance about exercise and diabetes management?

(The sources can be online, books, health professionals, companions, support groups etc.)

Are you a DA–Vic member?

Yes

Member no: _____

No

If no, would you like more information about joining?

Yes

No

Do you receive DA–Vic’s e-newsletter the Typist?

Yes

No

If no, would you like to?

Yes

No

Are you on the emailing list for HypoActive?

Yes

No

If no, would you like to be?

Yes

No

Limited places are available for partners to attend the weekend.

Please indicate if your partner would like to attend:

Yes

No

Full name:

Please return your expression of interest form to Beth Dunlop:

Mail:

Diabetes Australia–Vic
Attn: Beth Dunlop
570 Elizabeth Street
Melbourne Vic 3000

Fax: 03 9667 1778

Email: bdunlop@diabetesvic.org.au

If you have any questions about this form or AcT1vate 2011, please ring Beth on (03) 9667 1791.