

Carbohydrate counting workshop for people with type 1 diabetes 2017



This is a hands-on half-day workshop delivered by our experienced dietitians, designed for people with type 1 diabetes aged 18 years and over.

The workshop is suitable for anyone who uses carbohydrate counting to adjust their insulin doses, including people using multiple daily insulin injections or on an insulin pump.



Topics include:

- Identifying carbohydrate and its role in health
- Importance of counting carbohydrate in type 1 diabetes
- Applying carbohydrate counting
- Practical and hands-on exercises on carbohydrate counting
- Pitfalls of carbohydrate counting

Dates:

Wednesday 29 November

Venue:

Diabetes Victoria
51 Leicester Street
CARLTON VIC 3053

Time: 9am – 1.30pm

Cost: \$50 Diabetes Victoria members
\$75 Diabetes Victoria non-members

Light morning tea and handouts will be provided. Bookings close 1 week prior to the program.

Bookings are available online via the events tab on our website: www.diabetesvic.org.au/events

For Melbourne enquiries please contact:

Doreen Paes on 03 9667 1728