

OzDAFNE Health Professional Workshop

This workshop is for health professionals involved in the direct care and support of people with type 1 diabetes.

DAFNE stands for **D**ose **A**djustment **F**or **N**ormal **E**ating and is a comprehensive education program that helps people manage their type 1 diabetes and adjust their insulin doses. It is known as OzDAFNE in Australia.

This workshop will give you the confidence to support your clients to continue to use OzDAFNE guidelines and principles after they have completed the OzDAFNE program.

One recent workshop attendee said they now have *“more confidence in helping clients with insulin adjustment in relation to carbohydrates and blood glucose levels.”*

Expert OzDAFNE facilitators from Diabetes Victoria will explain OzDAFNE guidelines for:

- Insulin dose adjustment
- Carbohydrate counting
- Hypoglycaemia management
- Ketone and illness management
- Exercise

You will also be given the opportunity to hear from an OzDAFNE program participant, and to learn about the accreditation and training process for OzDAFNE facilitators*.

****Please note: This workshop does not provide accreditation for running OzDAFNE programs***

2018 Workshops

Date 1: Friday 16 March 2018

Date 2: Thursday 16 August 2018

Date 3: Friday 16 November 2018

Time: 9:00 am to 4:30 pm

Venue: Diabetes Victoria Training Room, 51 Leicester St, Carlton Vic 3053

Cost: Diabetes Victoria Health Professional Member: \$120 (inc. GST)
Diabetes Victoria Non-Member: \$150 (inc. GST)

Fee includes all catering and handouts



Bookings are essential. To book, please visit: www.diabetesvic.org.au/events.

For general information about OzDAFNE, visit the website: www.dafne.org.au

Questions? Contact the OzDAFNE team at OzDAFNE@diabetesvic.org.au or 03 9667 1719.