

## OzDAFNE Health Professional Workshop

**This workshop is for health professionals involved in the direct care and support of people with type 1 diabetes.**

DAFNE stands for **D**ose **A**djustment **F**or **N**ormal **E**ating and is a comprehensive education program that helps people manage their type 1 diabetes through adjusting their insulin doses. It is known as OzDAFNE in Australia.

This workshop will give you the confidence to support your clients to continue using OzDAFNE guidelines and principles after they have completed the OzDAFNE program.

One recent workshop attendee said they now have *“more confidence in helping clients with insulin adjustment in relation to carbohydrates and blood glucose levels.”*

Expert OzDAFNE facilitators from Diabetes Victoria will explain OzDAFNE guidelines for:

- Insulin dose adjustment
- Carbohydrate counting
- Hypoglycaemia management
- Ketone and illness management
- Exercise.

You will also be given the opportunity to hear from an OzDAFNE program participant and to learn about the accreditation and training process for OzDAFNE facilitators\*.

**\*Please note: This workshop does not provide accreditation for running OzDAFNE programs.**

### 2019 Workshops

**Date 1:** Thursday 2 May 2019

**Date 2:** Friday 22 November 2019

**Time:** 9am to 4.30pm

**Venue:** Diabetes Victoria Training Room, 51 Leicester St, Carlton Vic 3053

**Cost:** Diabetes Victoria health professional member: \$120 (incl. GST)

Diabetes Victoria non-member: \$160 (incl. GST)

Fee includes catering and all handouts.



**Bookings are essential. To book, please visit: [diabetesvic.org.au/events](https://diabetesvic.org.au/events)**

For general information about OzDAFNE, visit the website: [dafne.org.au](https://dafne.org.au)

Questions? Contact the OzDAFNE team at [OzDAFNE@diabetesvic.org.au](mailto:OzDAFNE@diabetesvic.org.au) or 03 9667 1719.