

**Thursday 12 August 2021**

## **Free webinars for Chinese-speaking people with type 2 diabetes**

Diabetes Victoria is here to help and will be delivering two free online webinars for Victorians living with type 2 diabetes, presented in Mandarin and Cantonese. The webinars will give Chinese-speaking people the opportunity to hear from expert health professionals about diabetes management, kidney health, eye health and nutrition research.

The Mandarin webinar will be held on Saturday 4 September, with the Cantonese webinar to be held on Saturday 11 September.

“These free webinars, presented in Mandarin and Cantonese, will provide useful information for people living with type 2 diabetes,” says Diabetes Victoria CEO Craig Bennett. “During these challenging times, we remain committed to ensuring our programs are as accessible as possible, so we can better connect with, and support, all Victorians living with diabetes.”

Presenters will include Ivan Chan: Emcee and accredited practising dietitian from Diabetes Victoria; Tammie Choi: accredited practising dietitian from Monash University; Emmy Cui: optometrist from Eye & I Optometrists; and Dr Bryan Pang: endocrinologist from St Vincent’s Hospital.

“Diabetes is a serious and complex health condition which requires careful management and constant attention,” says Mr Bennett. “In Victoria, there are just over 357,000 people living with diabetes who are registered with the National Diabetes Services Scheme. Many more are affected by, or at risk of developing, type 2 diabetes.”

“Our *Living Well with Diabetes Victoria* webinars have been designed to provide information and support on how to live well with diabetes and to connect like-minded people, which has been particularly important during the COVID-19 pandemic,” concludes Mr Bennett.

**Chinese Living Well with Diabetes Victoria webinar details**

All people who register will receive in-language resources (Diabetes Victoria pictorial guides in traditional and simplified Chinese). \$50 gift vouchers will be drawn for attendees on the day.

**Mandarin webinar**

**When:** Saturday 4 September, from 2-3.45pm  
Please log on by 1.55pm for a soundcheck  
**Cost:** Free  
**Bookings:** Registration is essential: [bit.ly/CLWWDV21](http://bit.ly/CLWWDV21)

**Cantonese webinar**

**When:** Saturday 11 September, from 2-3.45pm  
Please log on by 1.55pm for a soundcheck  
**Cost:** Free  
**Bookings:** Registration is essential: [bit.ly/CLWWDV21](http://bit.ly/CLWWDV21)

**About webinars**

A webinar is an online video session which you can access on your computer, tablet or phone.

You will be able to see the presenters on your computer, tablet or phone and hear them through your headphones or speakers.

You will not be on camera, but you can interact with the presenters during the session.

**How webinars work**

Once you have registered, you will receive a confirmation email with all the details and a link to join.

You will also receive reminder emails prior to the webinar.

Five minutes before the webinar is due to start, please click the link in your email to join.

We **support**, **empower** and **campaign for** all Victorians affected by, or at risk of, diabetes.



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