



**Did you know you can
live a long and healthy
life with diabetes?**

Peter has lived with type 1 diabetes for 70 years and knows how important it is to look after himself. Managing diabetes well can significantly reduce the risk of life-threatening complications like heart attack, stroke or kidney failure. Diabetes Victoria's education programs DAFNE (type 1 diabetes) and DESMOND (type 2 diabetes) can help you reach this goal.

diabetesvic.org.au #NDW16

**national
diabetes
week**

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**Did you know that
diabetes never
goes away?**

There is no cure for type 1 diabetes. Like Otto, many people are diagnosed during childhood and live with diabetes 24/7, injecting insulin several times every day for the rest of their lives. Every year, Diabetes Victoria funds vital diabetes research and camps for children so they can learn all about diabetes management in a fun and safe environment.

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