



Did you know gestational diabetes is becoming more common?

Purbasha had the routine screening available to all pregnant women and was shocked to find out she had gestational diabetes. Purbasha is now receiving support and education about how to keep her and her baby healthy. Call the Diabetes Victoria Helpline on 1300 136 588 to speak to a health professional.

diabetesvic.org.au #NDW16

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Did you know that some people are at higher risk than others?

Type 2 diabetes may be influenced by lifestyle factors but is often also related to genetics. Some people have a higher risk than others. Aunty Rieo turned her type 2 diabetes around with more activity and healthy eating choices. If you identify as Aboriginal and/or Torres Strait Islander or speak a language other than English, Diabetes Victoria has specific resources for you.

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