

Join a Diabetes Victoria Peer Support Group

Find your
diabetes
community

Living with diabetes or supporting someone who is?
You're not alone.

Peer support groups offer understanding, lived
experience, and genuine connection.

Connect. Share. Belong

Why join?



Find your people and
connect with others who
truly understand what
you're going through



Hear real-life
experiences from
others living with or
affected by diabetes



Share practical tips
and lived insights to
support one another
through life's ups and
downs



Connect and hear
from health
professionals



My local diabetes peer support group information

Group Name: _____

Location: _____

Meeting Details: _____

Contact: _____



Or to find other nearby support groups head to our peer support map at: diabetesvic.org.au/peer-support



Groups include type 1, type 2, mixed and groups for specific diabetes communities throughout Victoria.